

dragon & unicorn HOODED COWL



A FREE SEWING PATTERN BY



hooded cowl

When you're ready to break out a scarf or hat for chilly weather, try putting on this cozy cowl! It's a hood and scarf in one with cute buttons down the side for a classy look. Combine it with dragon or unicorn features and you're ready for a fun Halloween outing or just a bit of extra magic for your evening!

DIFFICULTY:



This project is perfect for sewers that haven't made much clothing yet. The tiny detailed parts of the hood might slow you down, but the garment itself is very forgiving.

MAKES:

One hooded cowl in one of 5 sizes:

- Baby/toddler
- Child
- Tween
- Teen/small adult
- Large adult

SKILLS USED:

- Ladder stitch
- Sewing curves
- Darts
- Buttons
- Button holes
- Gathering, gathering stitch
- Sewing curved pieces



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materials & tools:

● BABY SIZE

- ½ yd. of main fabric
- ½ yd. of lining fabric
- ¼ yd. of accent fabric for spikes or mane
- fabric scraps sized about 10" x 10" for horns, inner ears, and folded flowers of your choosing
- 10"-20" long strips of fabric for wrapped flowers
- 2 buttons, about 1¼" wide

● CHILD/TWEEN SIZE

- 2/3 yd. of main fabric
- 2/3 yd. of lining fabric
- ¼ yd. of accent fabric for spikes or mane
- fabric scraps sized about 10" x 10" for horns, inner ears, and folded flowers of your choosing
- 10"-20" long strips of fabric for wrapped flowers
- 2 buttons, about 1¼" wide

● TEEN/SMALL ADULT SIZE

- ¾ yd. of main fabric
- ¾ yd. of lining fabric
- 1/3 yd. of accent fabric for spikes or mane
- fabric scraps sized about 10" x 10" for horns, inner ears, and folded flowers of your choosing
- 10"-30" long strips of fabric for wrapped flowers
- 3 buttons, about 1¼" wide

● LARGE ADULT SIZE

- 1 yd. of main fabric
- 1 yd. of lining fabric
- 1/3 yd. of accent fabric for spikes or mane
- fabric scraps sized about 10" x 10" for horns, inner ears, and folded flowers of your choosing
- 10"-30" long strips of fabric for wrapped flowers
- 3 buttons, about 1¼" wide
- sewing thread to match main fabric and accent fabrics
- poly-fil stuffing
- basic sewing tools (sewing machine, scissors, iron, needles, pins, fabric marker, seam ripper)

SUGGESTED FABRICS:

Fleece, sweatshirt fleece, or cuddle fleece

A thick, cozy fabric works the best for this project. Especially if it comes in lots of fun colors.



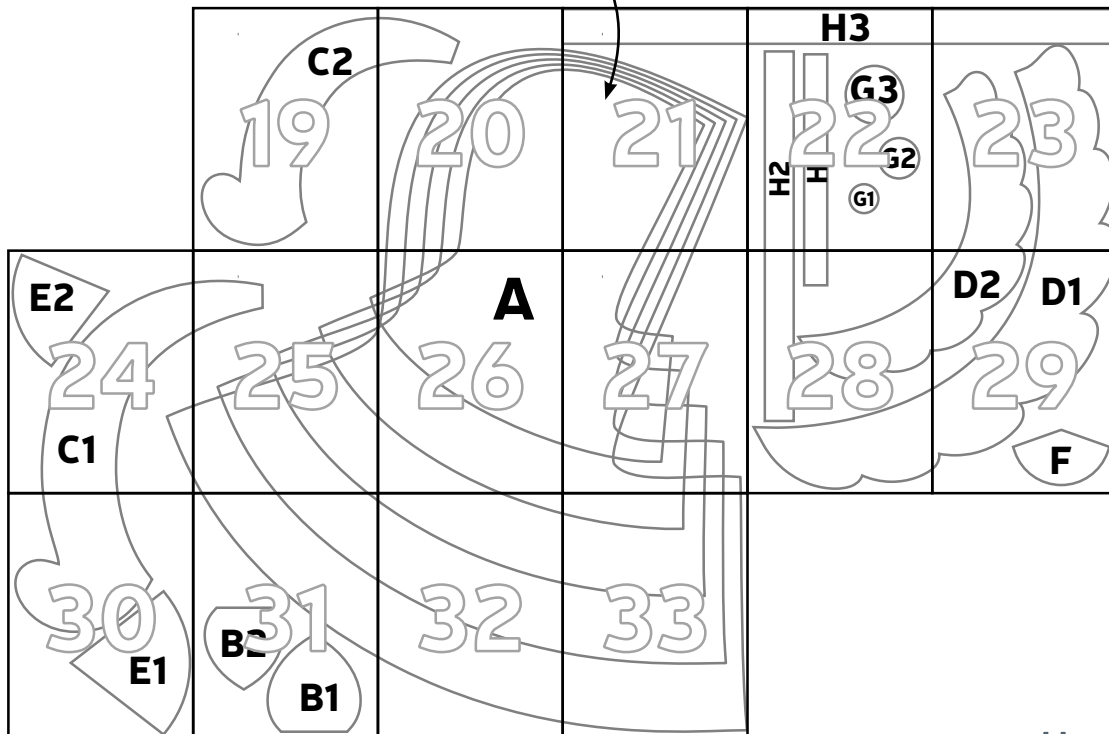
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pattern layout:

- You'll need at least 9 printer pages to print the pattern. The paper doesn't have to be fancy, the back of memos and scrap paper will work just fine.
- To save paper, you can refer to the diagram to print only the pages you need.
- If you need help assembling the pieces, refer to the next page.

PG. 20-21, 24-27, 31-33
COWL



pattern key:

LETTER	PIECE
A	COWL
B1	EAR (ADULT)
B2	EAR (BABY)
C1	UNICORN MANE (ADULT)
C2	UNICORN MANE (BABY)
D1	DRAGON SPIKES (ADULT)
D2	DRAGON SPIKES (BABY)
E1	UNICORN HORN (ADULT)
E2	UNICORN HORN (BABY)

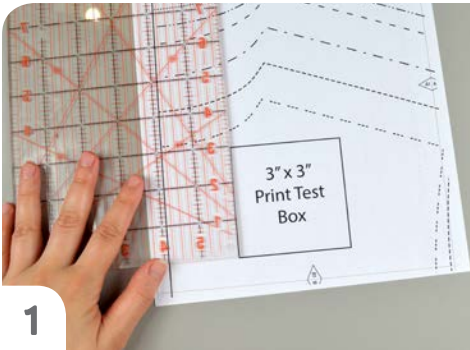
LETTER	PIECE
F	DRAGON HORNS
G1	SMALL FOLDED FLOWER
G2	MEDIUM FOLDED FLOWER
G3	LARGE FOLDED FLOWER
H1	SMALL WRAPPED FLOWER
H2	MEDIUM WRAPPED FLOWER
H3	LARGE WRAPPED FLOWER

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printing the pattern:

To print the pattern, set your computer to print at least **PAGES 20-21, 24-27, 31-33**. Plus any others necessary for your character (see the chart on page 4). Be sure your printer is set to print at 100% scale or "Actual size" to prevent any distortion. If you're unfamiliar with printing and assembling a .pdf pattern, read the steps below.



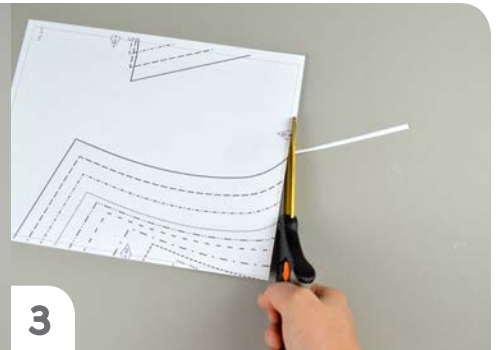
1

- Print the first page in the pattern.
- Locate the print test box and measure it to be sure it's 3" x 3".
- If it measures more or less than 3", adjust your printer settings so it prints true to size.



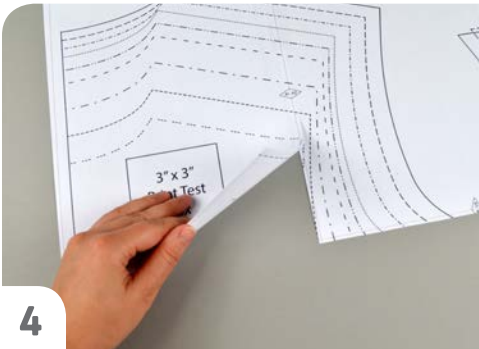
2

- Print the remaining pages for the pattern, or just the piece you wish to assemble.
- Note the page numbers of the sheets to keep track.



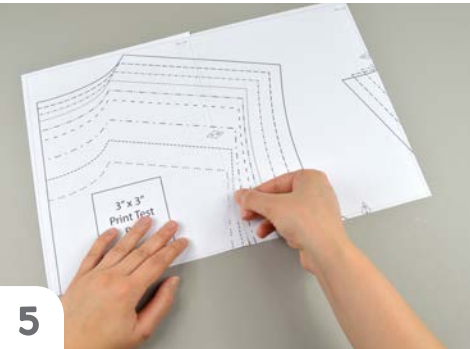
3

- For the pages to overlap each other during assembly, trim off the blank margins at the edge of each sheet.
- For the pages to butt against each other, trim the pages along the light gray margin lines.



4

- Locate the diamond shapes on the side of each page. These alignment tabs match up with each other (A1-A2, B3-B4 and so on).
- Match up the two halves of the diamond to assemble two pages.



5

- Tape the pages together wherever the pattern pieces meet.
- Repeat steps 4-5 with the remaining pattern pages until the section is complete.
- Refer to the pattern layout on page 4 for more help.



6

- Once the section is complete, locate your size from the various dotted lines.
- Trace your size with a brightly colored marker to avoid confusion when cutting later.

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cutting the fabric:



1

Place pattern on fabric, and make sure the stretch line matches the stretch of the fabric.



2

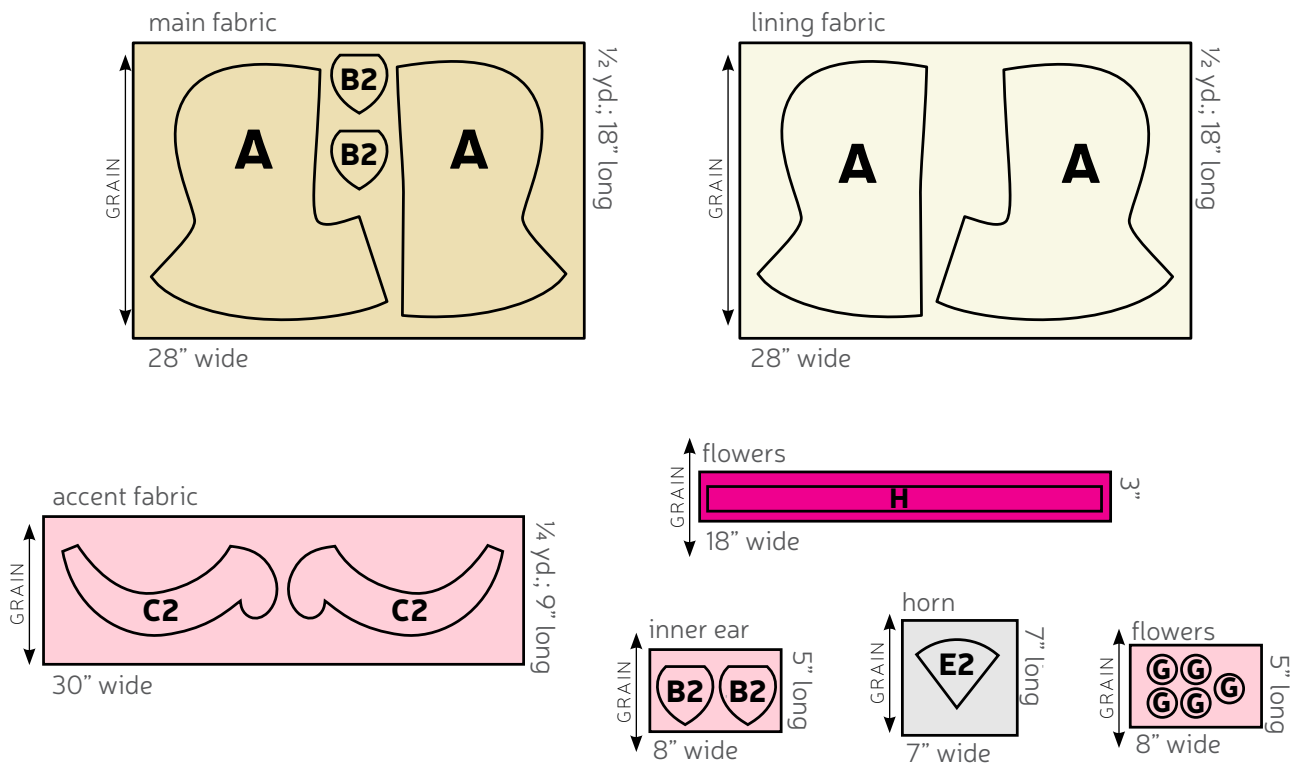
Pin the pattern in place, use pattern weights, or trace the outline of the pattern with a washable marker.



3

Using the paper as a template, cut out the fabric. Cut the required amount according to the pattern.

CUTTING LAYOUT: BABY SIZE



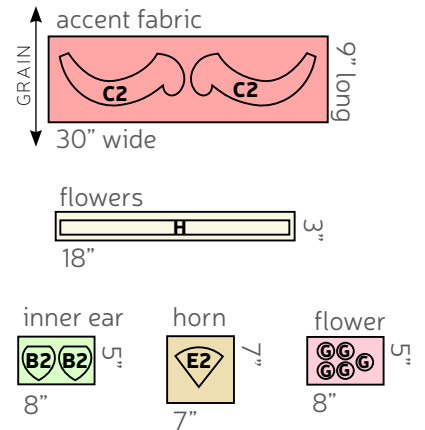
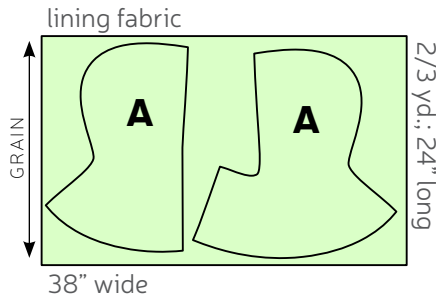
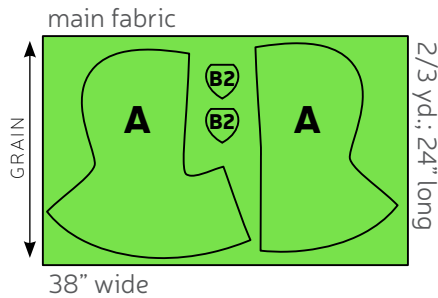
BEFORE YOU BEGIN:

- Briefly read the project instructions so you know what to expect.
- If desired, mark the cut fabric pieces with the markings and symbols from the pattern. Or wait until the applicable step before transferring.
- Note that the seam allowance used is 1/2" unless otherwise stated.

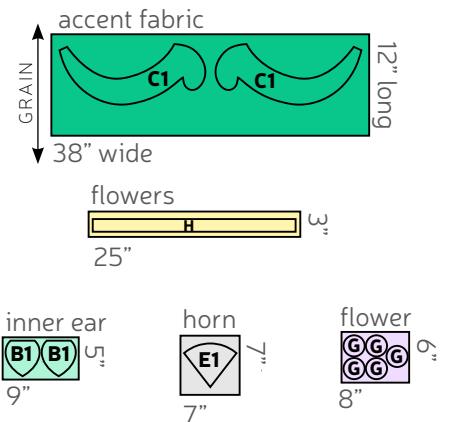
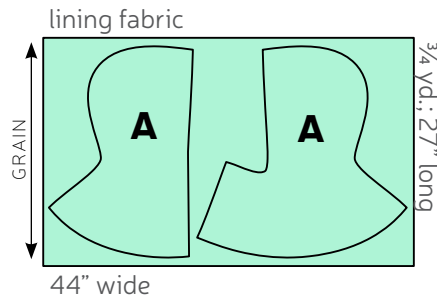
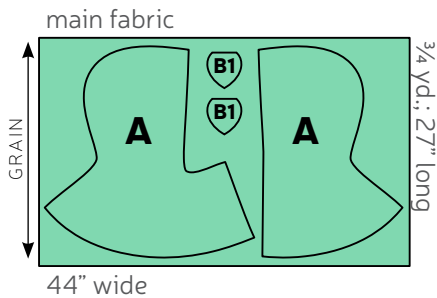
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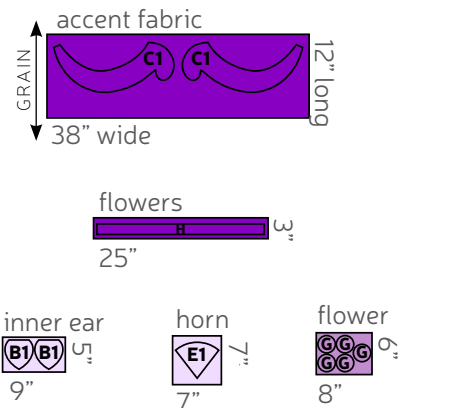
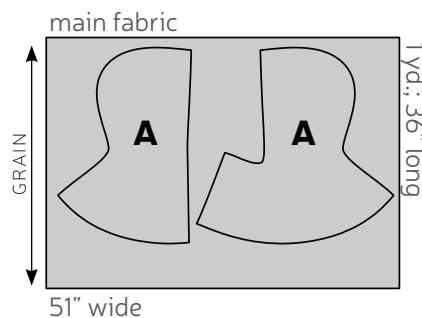
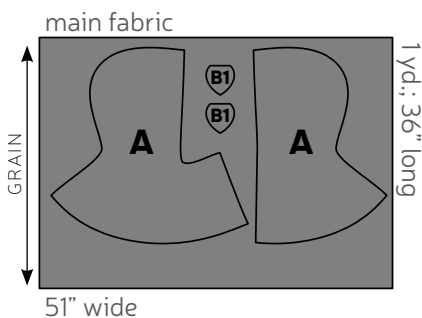
CUTTING LAYOUT: CHILD/TWEEN SIZE



CUTTING LAYOUT: SMALL ADULT SIZE

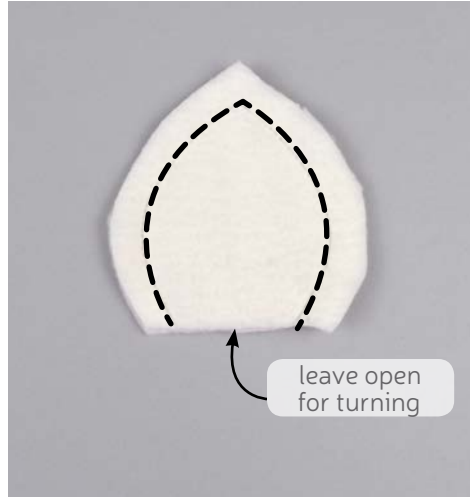


CUTTING LAYOUT: LARGE ADULT SIZE



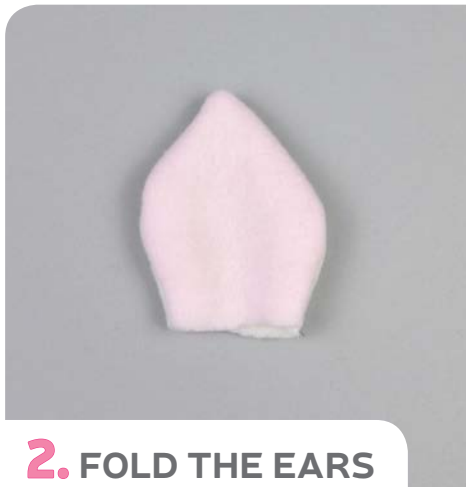
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1. SEW THE EARS

- Grab your **EAR** pieces (B1/B2). Take two of them; one in inner ear fabric and one in the main fabric. Align them with right sides facing and raw edges matching up.
- Sew them together along the long pointed edge. Leave the straight edge free for turning right side out.
- Trim the excess seam allowance near the point of the ear to reduce bulk before turning.



2. FOLD THE EARS

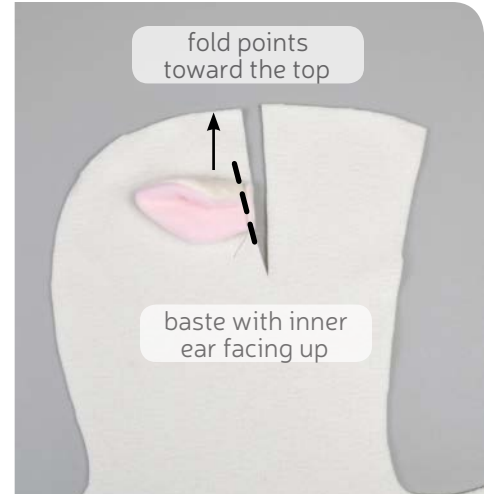
- Turn the **EAR** right side out. Repeat with the remaining two ear pieces for two complete ears total.
- Refer to the **EAR** paper pattern to find the **fold line** for the ears. Use this as a guide to fold the ear with inner fabrics facing. Pin the ear together.
- Baste the ear along the bottom edge to hold the fold in place. Repeat with the remaining ear so you have a mirrored pair.

basting:

A form of temporary sewing meant to hold pieces in place. A long stitch length is often used for this reason. The finished result is not meant to be seen and sometimes is even removed later (depending on your project).

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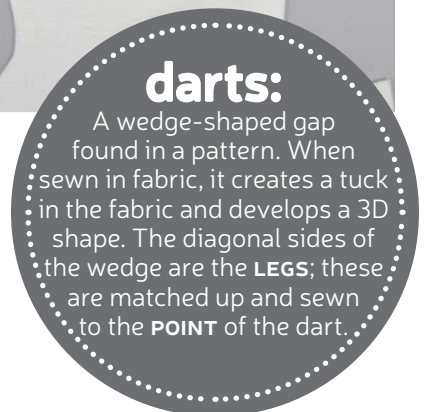
3. BASTE THE EARS

- Grab your **OUTER COWL** pieces (A) from the main fabric. Align them with wrong sides together. To fit the ears, these pieces have a **dart** with a cut down the middle. To transfer this **cutting line**, align the paper pattern over your cowl pieces. Cut through both the paper and the fabric down the cutting line.
- If you haven't already, locate the **ear placement markings** on the paper pattern as well. Transfer it over to the right side of the fabric. Take your finished ears from the previous step and align them within the ear placement markings. The inner ear fabric should be facing up, the fold pointing to the top of the hood.
- Baste the ear edge along this cut edge of the cowl piece.



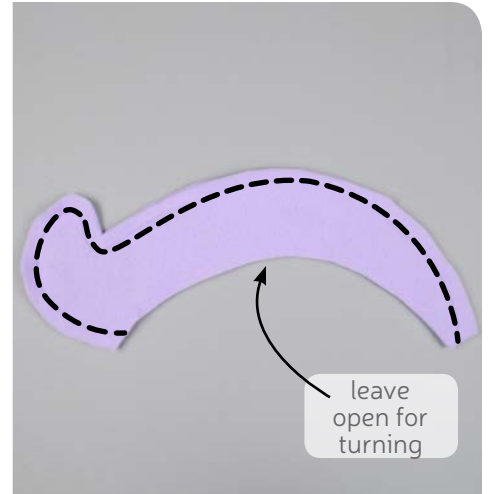
4. SEW THE EAR DART

- Next is to sew the ear within the **dart**. The dart sewing lines are found to either side of the **cutting line** on the **COWL** paper pattern (A). Fold the cowl side along the point of the dart to match up the cut edges. Pin the fabrics together.
- Sew the dart by starting at the opening and going down to the point. Follow the stitching lines on the paper pattern. Try to blend your stitching into the fold so the finished dart doesn't look pointed.
- Open up the dart when complete. The ear should be sewn securely inside the dart.
Repeat steps 3-4 with your remaining ear & outer cowl piece for two finished sides.



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5. SEW THE MANE/SPIKES

- Grab your **MANE** or **SPIKE** pieces (C1/C2 or D1/D2). Take them both and align them with right sides facing and raw edges matching up.
- FOR THE DRAGON SPIKES:** the points get a little detailed, so to sew them accurately, use the paper pattern as a sewing guide. Trim off the seam allowance and trace the seam line onto the wrong side of the fabric.
- Sew the mane/spikes together around the curved/traced edge. Leave the curved edge free for turning right side out later.

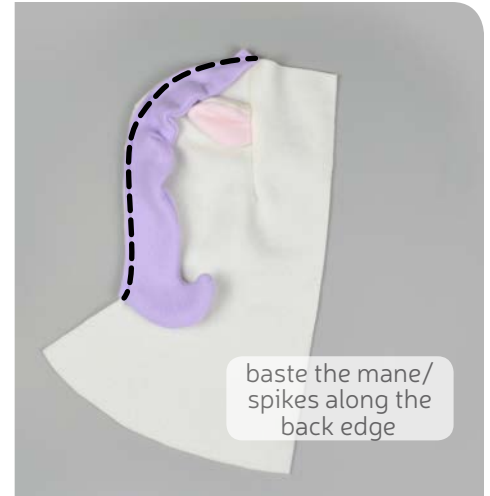
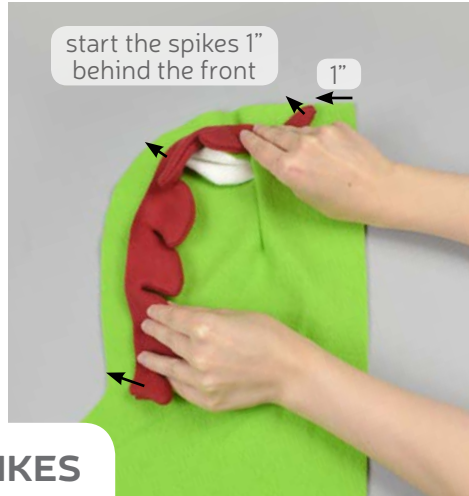


6. TURN THE MANE/SPIKES

- Trim the excess seam allowance to increase flexibility and reduce bulk.
FOR THE DRAGON SPIKES: be sure to clip really close between each spike. But be careful not to cut your stitching.
- FOR THE UNICORN MANE:** trim close to the tight curves.
- Turn the mane/spikes right side out.

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7. BASTE THE MANE/SPIKES

- Grab one of your outer **COWL** pieces. Take the open edge of the **MANE/SPIKES** and bend it to align it along the back curved edge of the hood.
FOR THE UNICORN MANE: start at the ear seam. Be sure the curved end of the mane is at the back of the neck of the cowl.
- FOR THE DRAGON SPIKES:** start about 1" behind the front edge. Be sure the spikes are pointing away from the front of the hood.
- Baste the mane/spikes to the hood within the seam allowance to hold it for the next step.



8. SEW THE BACK SEAM

- Grab your other **COWL** piece so far from the outer fabric. Align it over the current cowl piece with right sides facing and the back seam matching up.
- Sew the cowl pieces together along the back seam.
- When complete, clip the seam allowance at the back neck curve. This will help increase flexibility when the piece is turned.

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9. ATTACH THE LINING

- a. Grab your **COWL** pieces (A) from the **LINING** fabric. Repeat steps 3-4 with these pieces, cutting and sewing the dart but without the ears. Then repeat step 8 with these pieces, but leave a 3-4" opening in the back for turning right side out.
- b. Place the outer cowl fabric into the cowl lining fabric so right sides are facing and the outer edges match up. Pin the edges together.
- c. Sew the cowl pieces all the way around the outer edge.

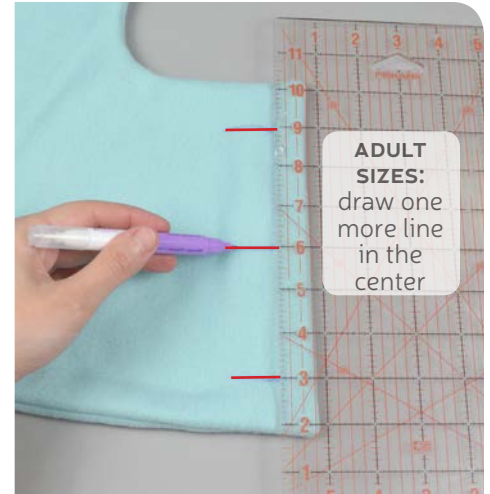
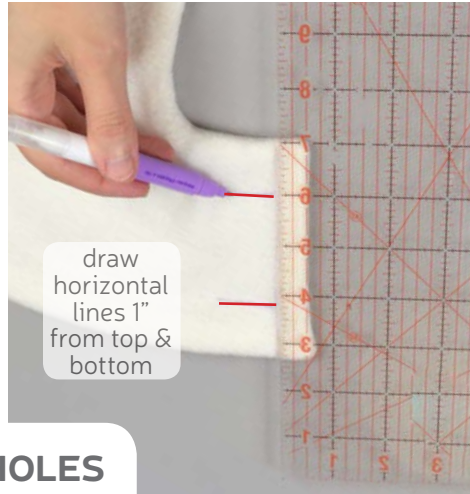
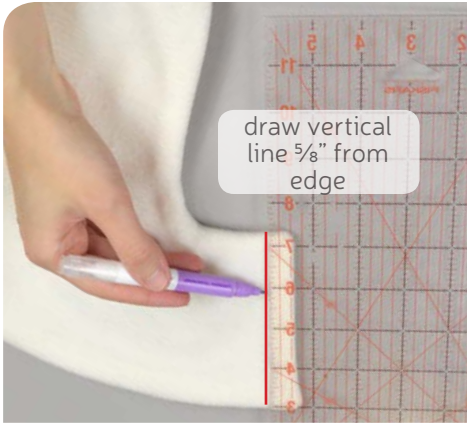


10. TURN THE COWL

- a. Trim the excess seam allowance at the outer corners to reduce bulk.
- b. Clip the seam allowance at the inner curves to increase the flexibility of the seam.
- c. Turn the cowl right side out through the opening in the lining. Define the corners with a chopstick or similar turning tool. If necessary, press the seams of the outside edge so they flatten a little more.

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11. MARK THE BUTTON HOLES

- Grab a fabric marker and focus on the **front extension** of the cowl (this is labeled on the paper pattern). Draw a vertical line that is $\frac{5}{8}$ " in from the outer edge.
- From here, draw a horizontal line that is about 1- $\frac{1}{4}$ " down from the upper edge of the extension. Draw another that's about 1- $\frac{1}{4}$ " up from the lower edge. Start the line at your vertical line from the previous step. Make it as wide as the buttons you'll be using.
- FOR THE SMALL/LARGE ADULT SIZE:** add one more horizontal buttonhole line between the first two for 3 buttonhole lines total.



12. SEW THE BUTTON HOLES

- Use the buttonhole feature from your sewing machine to sew a buttonhole on each line. Cut the slots open to finish.
If you don't have this feature (or don't have a machine), instead use a hand-sewn buttonhole stitch. Cut down the length of the slot, and sew around the edge of the opening. Use 2-3 strands of embroidery floss for a decorative look, or just matching sewing thread to blend in.

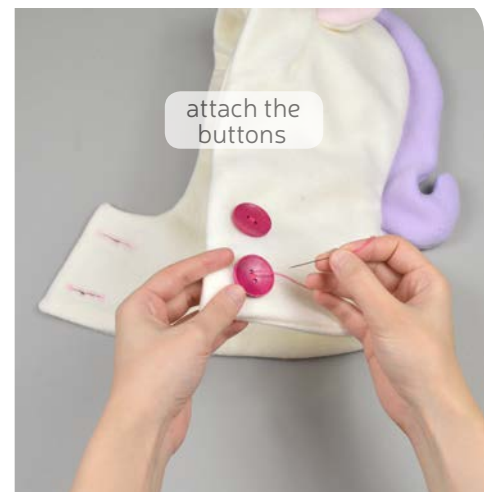
button-hole stitch

Sewn similarly to a whip stitch, but the working thread is wrapped around the needle for every stitch. This edges the fabric with thread and creates an "L" shape for each stitch.

A blanket stitch would also work as a replacement.

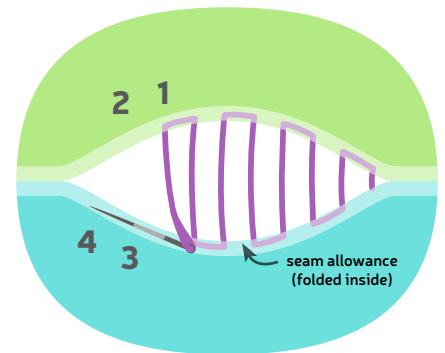
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13. SEW THE BUTTONS

- Layer the cowl extension over the opposite side of the cowl so they overlap.
- Mark points inside the buttonholes onto the opposite side of the cowl. These are where your buttons will be sewn.
- Sew the buttons to these points. Use extra-strength thread or double over the thread on your needle. Stitch through each hole 4-5 times and then tie off the thread from the back to secure.

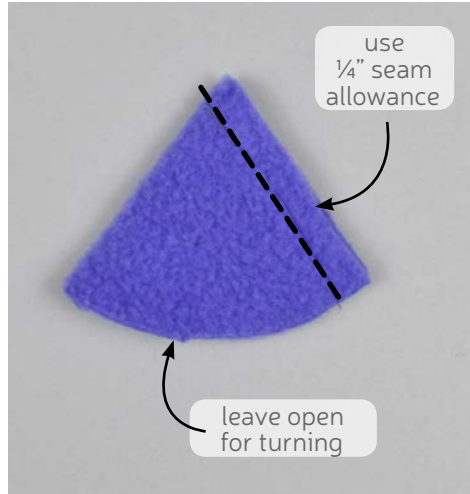
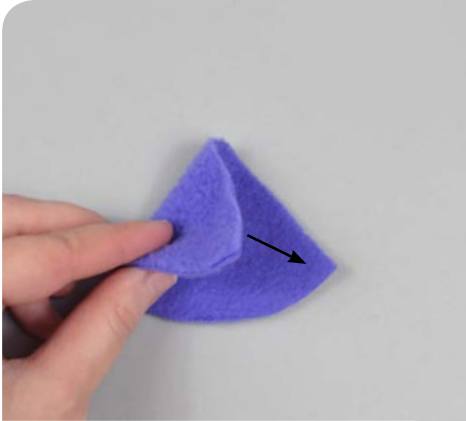


14. CLOSE THE COWL OPENING

- Tuck the seam allowances in the cowl opening inside and prepare to ladder stitch it closed. Thread a hand-sewing needle and knot it at the end. Insert the needle from the inside of the opening and out of the cowl near one edge of the opening. This will leave the knot inside the cowl.
- Continue from here doing a ladder stitch. Take a 1/8" stitch into the fold of one side of the opening, then go across and take another. Keep going down the opening until you reach the end.

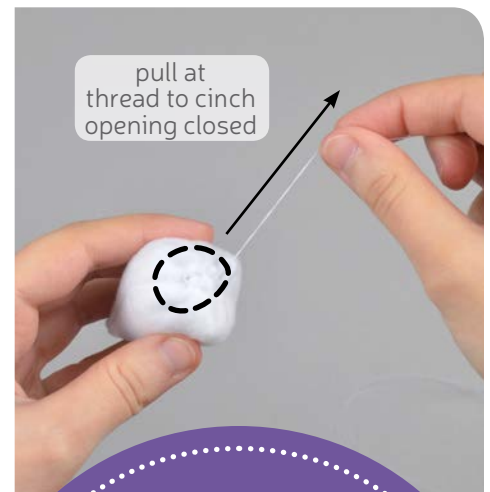
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15. SEW THE HORNS

- Grab your **HORN** pieces (E1/2 or F). Fold the triangular piece in half so the straight edges match up with right sides facing.
- Sew the horn edge along the straight side using a $\frac{1}{4}$ " seam allowance this time. Leave the curved edge open for turning right side out. Trim the seam allowance near the point to reduce bulk.
- Turn the horn right side out. Define the point with a chopstick or similar turning tool. Repeat with the remaining horn piece if you have one.



16. CLOSE UP THE HORNS

- Stuff the horn lightly with stuffing. Be sure to get a little bit of stuffing into the point so it looks full.
- Hand sew a gathering stitch around the opening of the horn.
- Pull at the thread of the gathering stitch to cinch the horn completely closed. Sew a few knots into the opening to hold it shut. If you have thread leftover, keep it attached for joining the horn to the cowl next.

gathering:

The process of shortening the length of a piece of fabric by sewing long stitches through it. When the thread is pulled, it forms small folds that ruffle the fabric.

gathering stitch:

A long version of the running stitch, which is a stitch done by weaving the needle in and out of a length of fabric going along a line. The long stitches (about $\frac{1}{4}$ "- $\frac{1}{2}$ " long) gather the fabric when pulled later.

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- a.** To give spirals to your unicorn horn, wrap the thread around the horn tightly.
- b.** When you get to the tip, sew a knot to secure the thread.

17. FOR UNICORN: SEW THE HORN SPIRALS

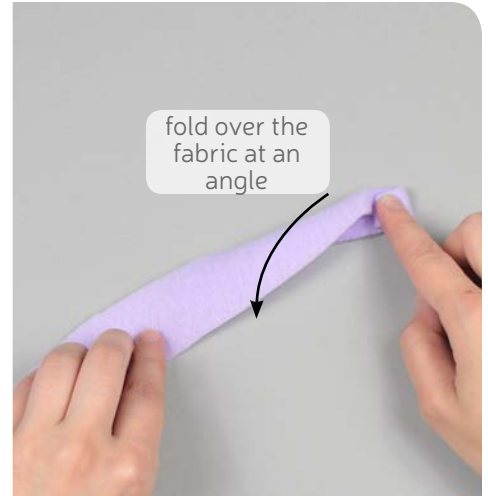
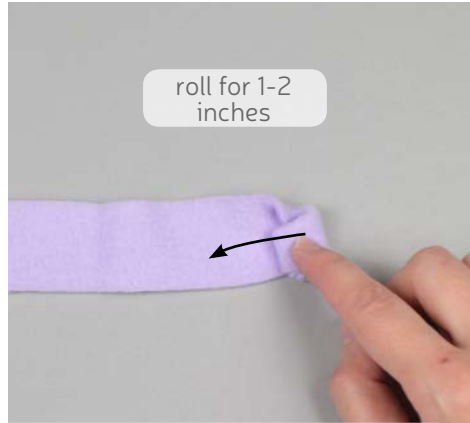


18. ATTACH THE HORN(S)

- a.** When your horns are complete, align them onto your finished cowl.
FOR THE UNICORN HORN: center the cinched end of the horn between the ears and in front of the mane.
- b. FOR THE DRAGON:** place each horn slightly in front of each ear.
- c.** Once positioned, stitch the horn to the cowl using a ladder stitch around the base of the horn.

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19. FOR WRAPPED FLOWER: WRAP THE FABRIC

- If making a wrapped flower, start with one of your **WRAPPED FLOWER** pieces (H1,2, or 3). Start at one short end, folding it in half lengthwise.
- From there, roll the fabric toward the other end by an inch or so. Keep the bottom edge as even as possible.
- After that, fold down the rest of the strip at an angle as shown.

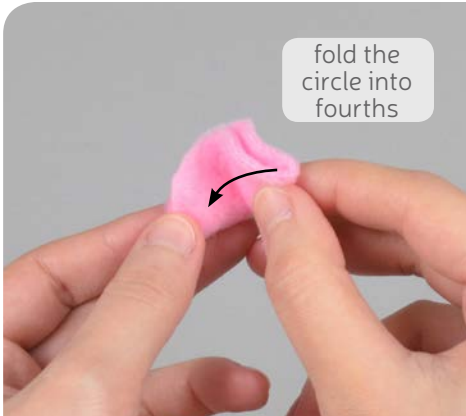


20. FOR WRAPPED FLOWER: SECURE THE FLOWER

- Roll the fabric across the folded fabric by another few inches. Repeat this process of folding and rolling. It's not an exact science, so don't be afraid to wrap and roll in a way that looks best to you.
- Keep rolling until you get to the end of the fabric. Secure the rolls by stitching along the bottom edge of the flower.

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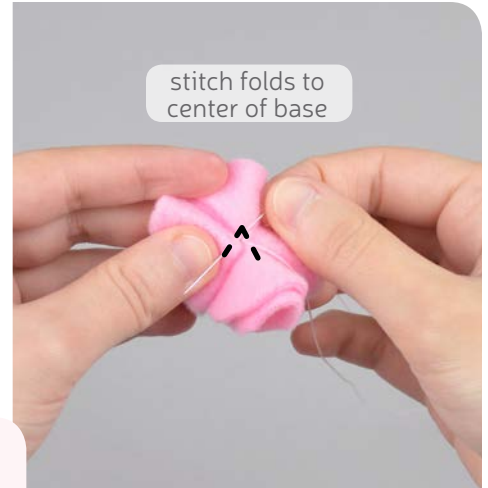
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fold the
circle into
fourths



align point of
folds at center



stitch folds to
center of base

21. FOR FOLDED FLOWER: ATTACH THE FLOWERS

- a. For a folded flower, grab all of your **FOLDED FLOWER** pieces (either G1, 2, or 3). Take one of the circles and fold it into fourths.
- b. Place this folded piece on another circle. This will now become the base of the flower. The point of the folded piece should be at the center of this base circle. Stitch it in place at the point with a few hand-sewn whip stitches.
- c. Repeat this with three more circles, folding them into fourths and placing the point at the center of the base circle. The four pieces should cover the entire base when complete.



place flowers
around horn

22. ATTACH THE FLOWERS

- a. Place the finished flowers around the horn of your unicorn. Stitch them in place by sewing around the base of the flower with a ladder stitch. Mix up colors and sizes for a bountiful look.

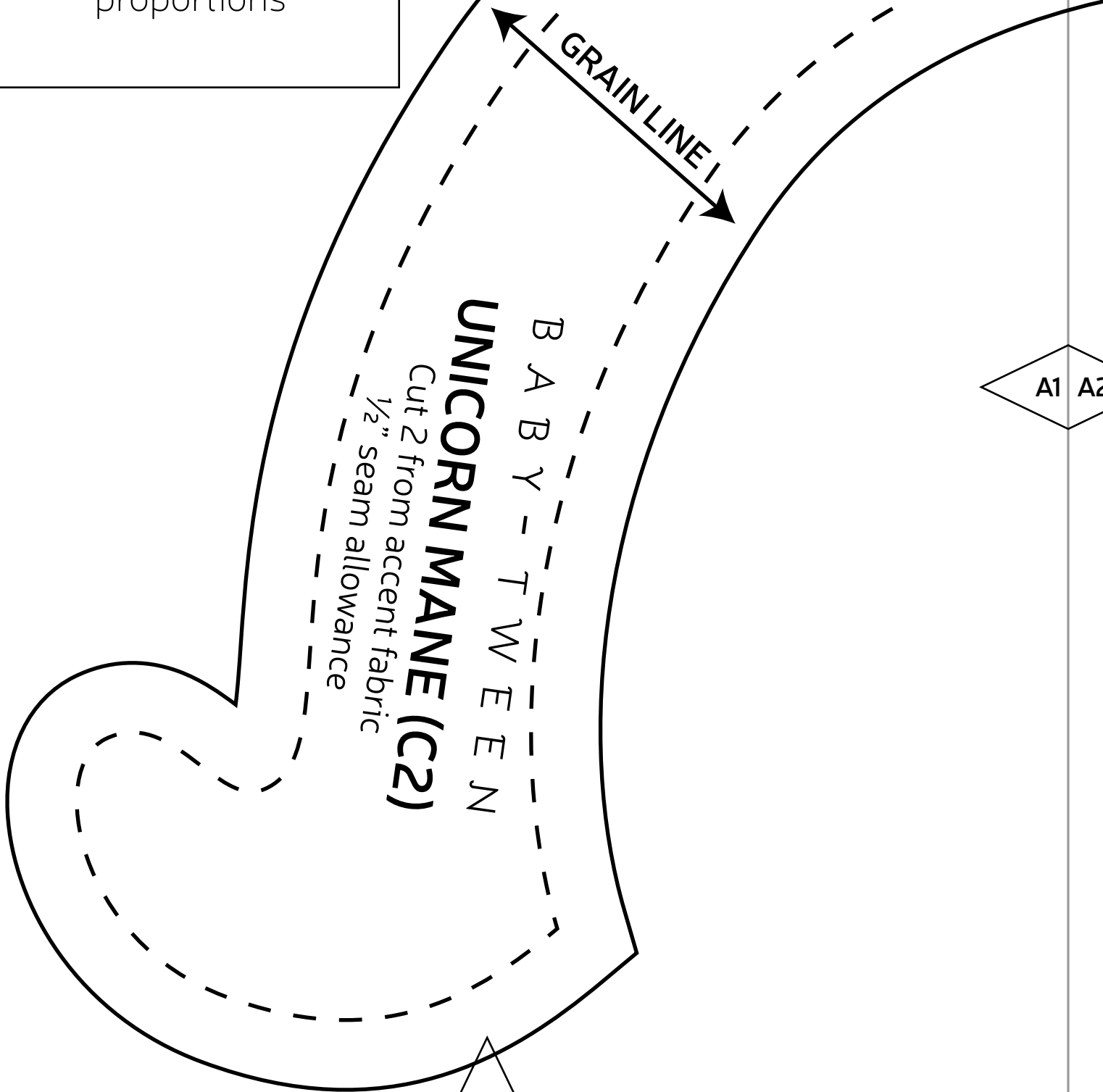
congrats!
now try on
your cowl,
because you're
done!

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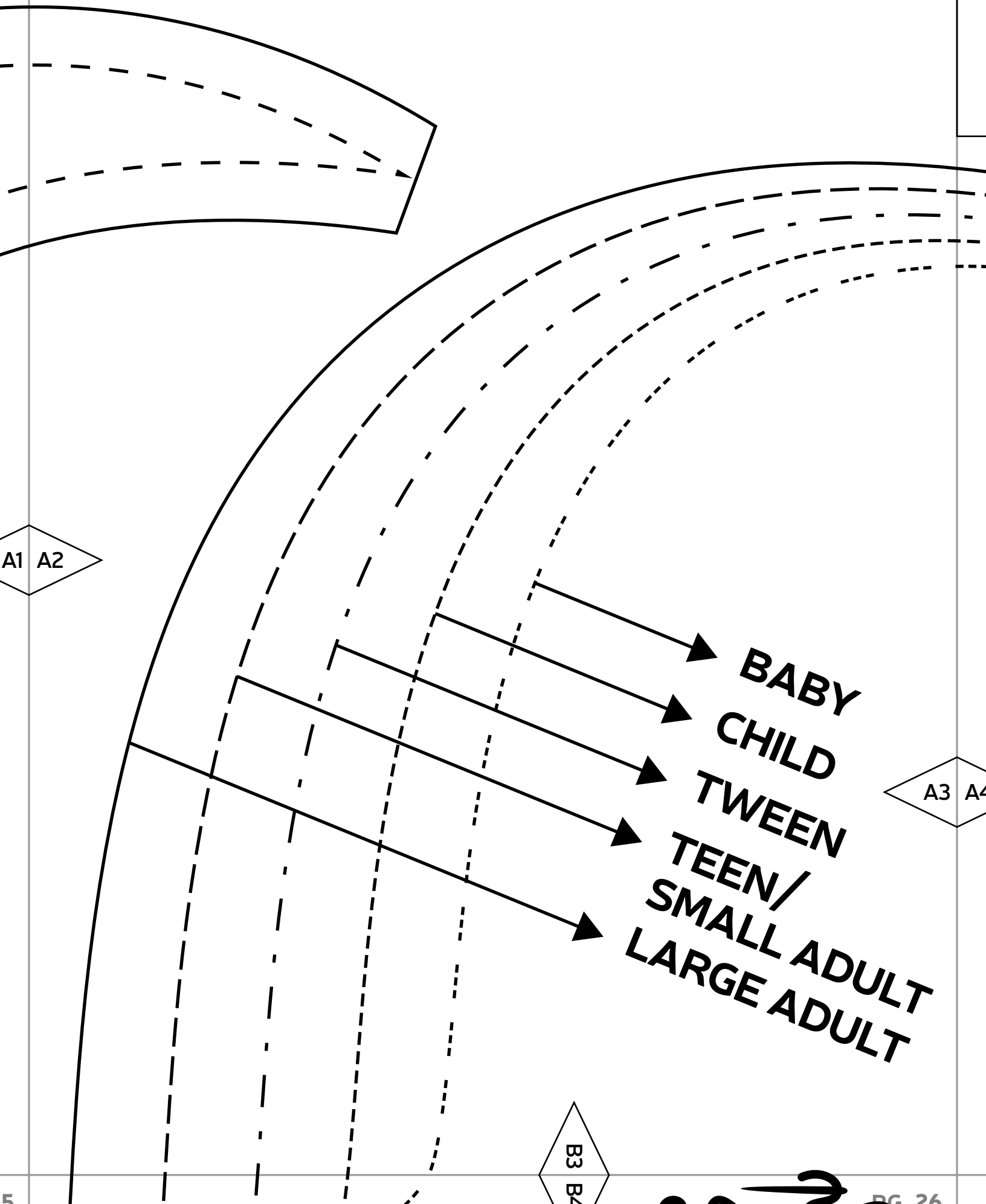
TEST SQUARE 3" x 3"

measure this square
to be sure you've
printed at the proper
proportions



A1 A2

B1 B2



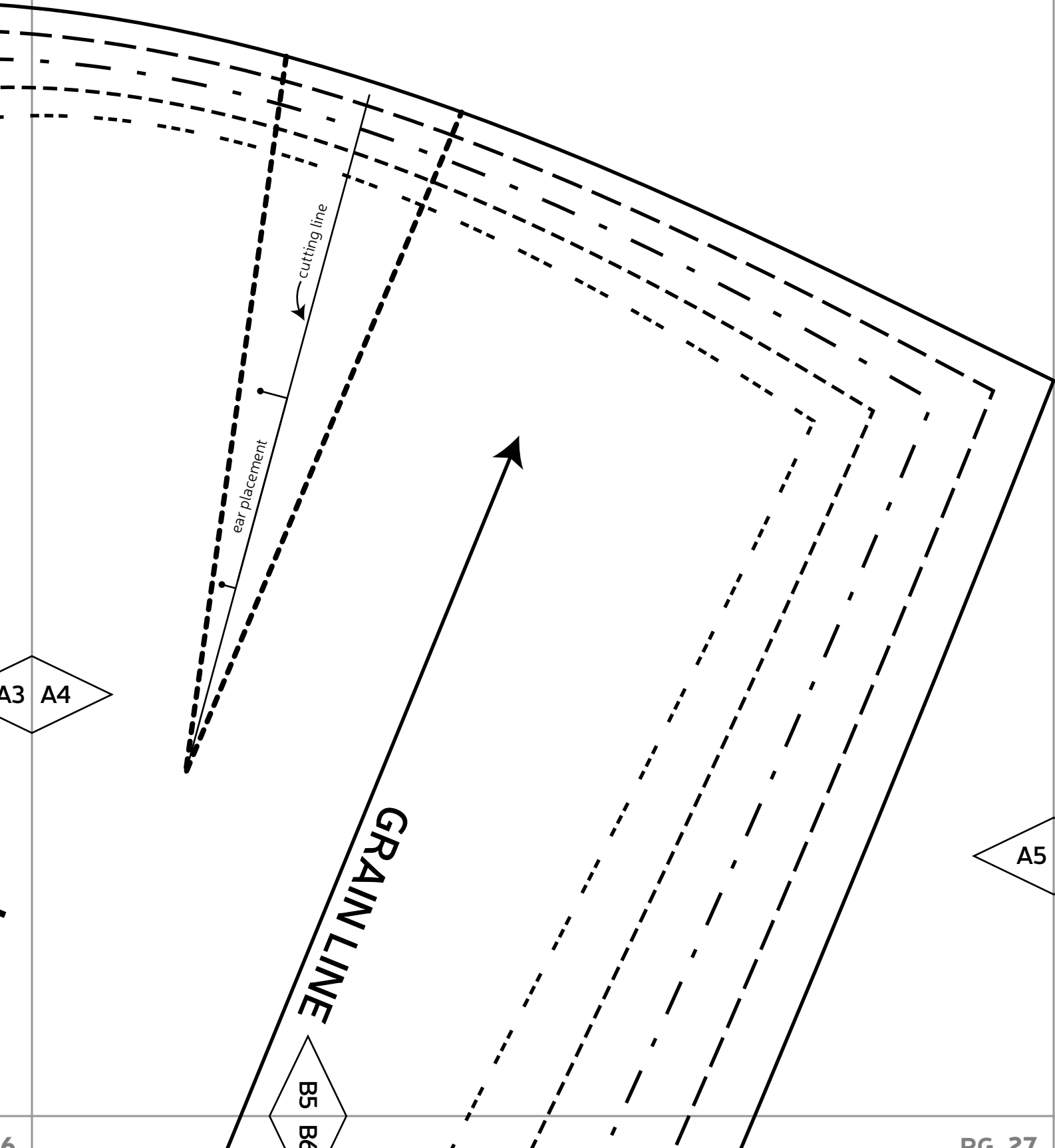
A1 A2

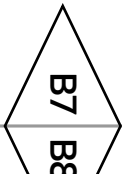
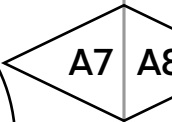
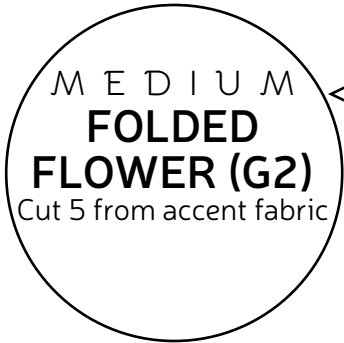
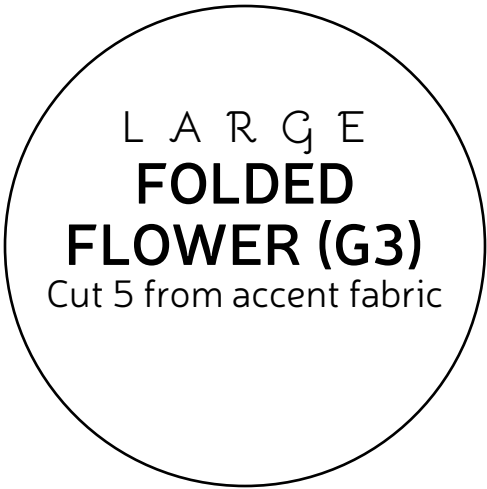
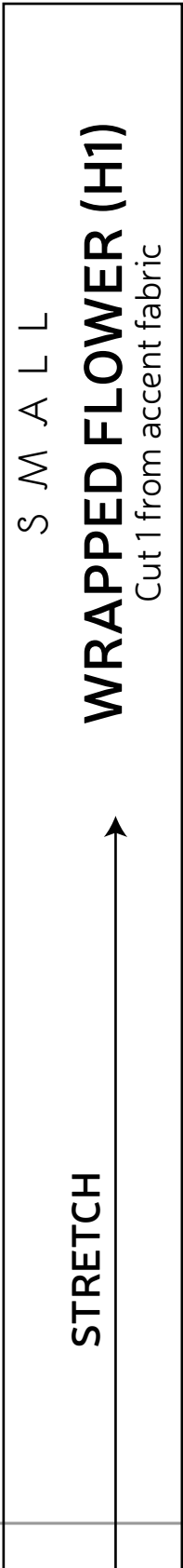
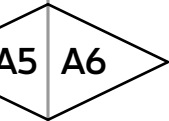
A3 A4

B3 B4

BABY
CHILD
TWEEN
**TEEN/
SMALL ADULT**
LARGE ADULT

STRETCH



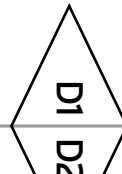
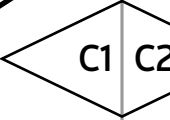
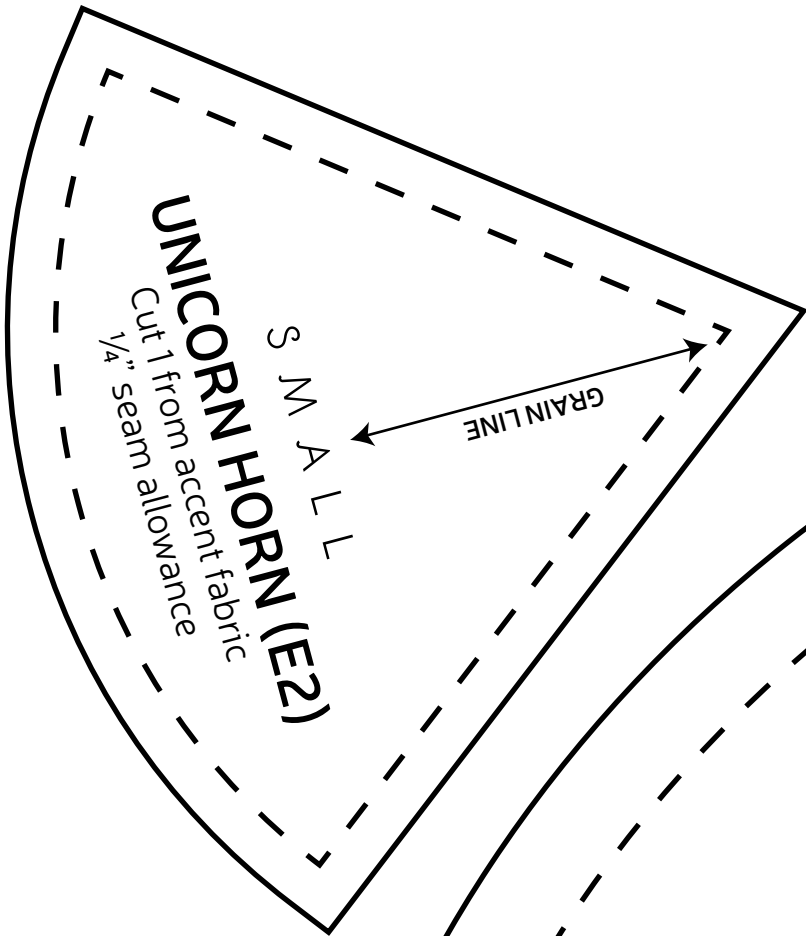


L A R G E
WRAPPED FLOWER (H3)
Cut 1 from accent fabric

A7 A8

B A B Y -
T W E E N

B9 B1



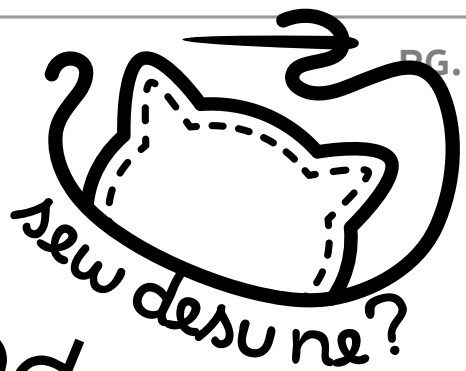
B1 B2

C1 C2

C3 C4

D3 D4

B3 B4



Hooded Cowl

P A T T E R N

WWW.CHOLYKNIGHT.COM

HOOD (A)

Cut 2 from main fabric (one folded along fold line)
Cut 2 from lining fabric (one folded along fold line,
1/2" seam allowance

C5 C6

C3 C4

fold here

fold here for left side

D5 D6

B5 B6

C5 C6

fold here for left side

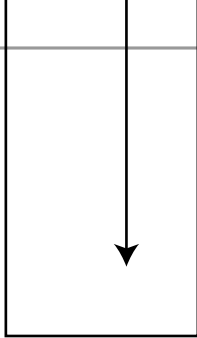
fold here for left side

C7 C8

FRONT
EXTENSION

D7 D8

B7 B8



WRAPPED FLOWER (H2)

Cut 1 from accent fabric

M E D I U M

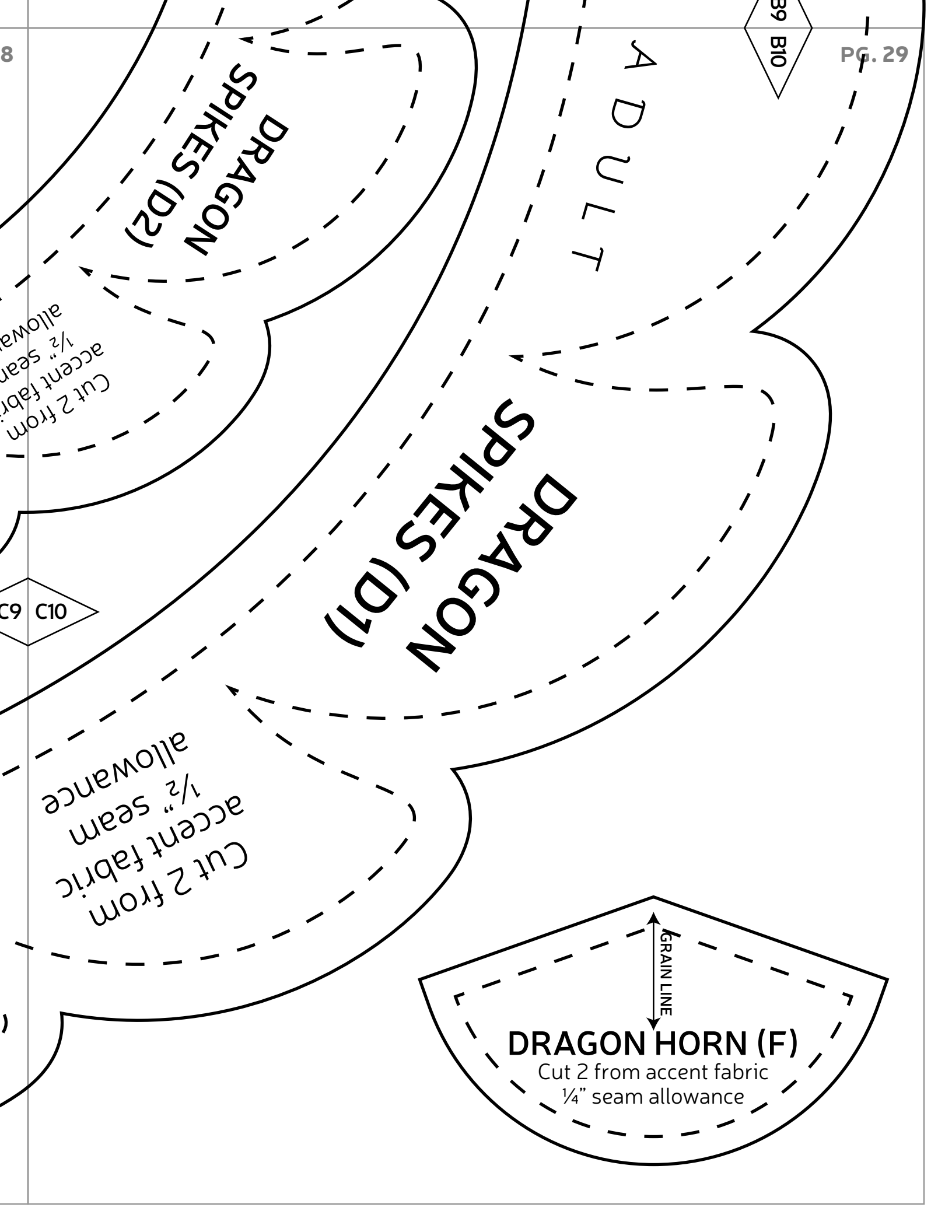
C7 C8

C9 C10

from
fabric
seam
allowance

GRAIN LINE

GRAIN LINE



D1 D2

E1 E2

A D U L T

UNICORN MANE (C1)

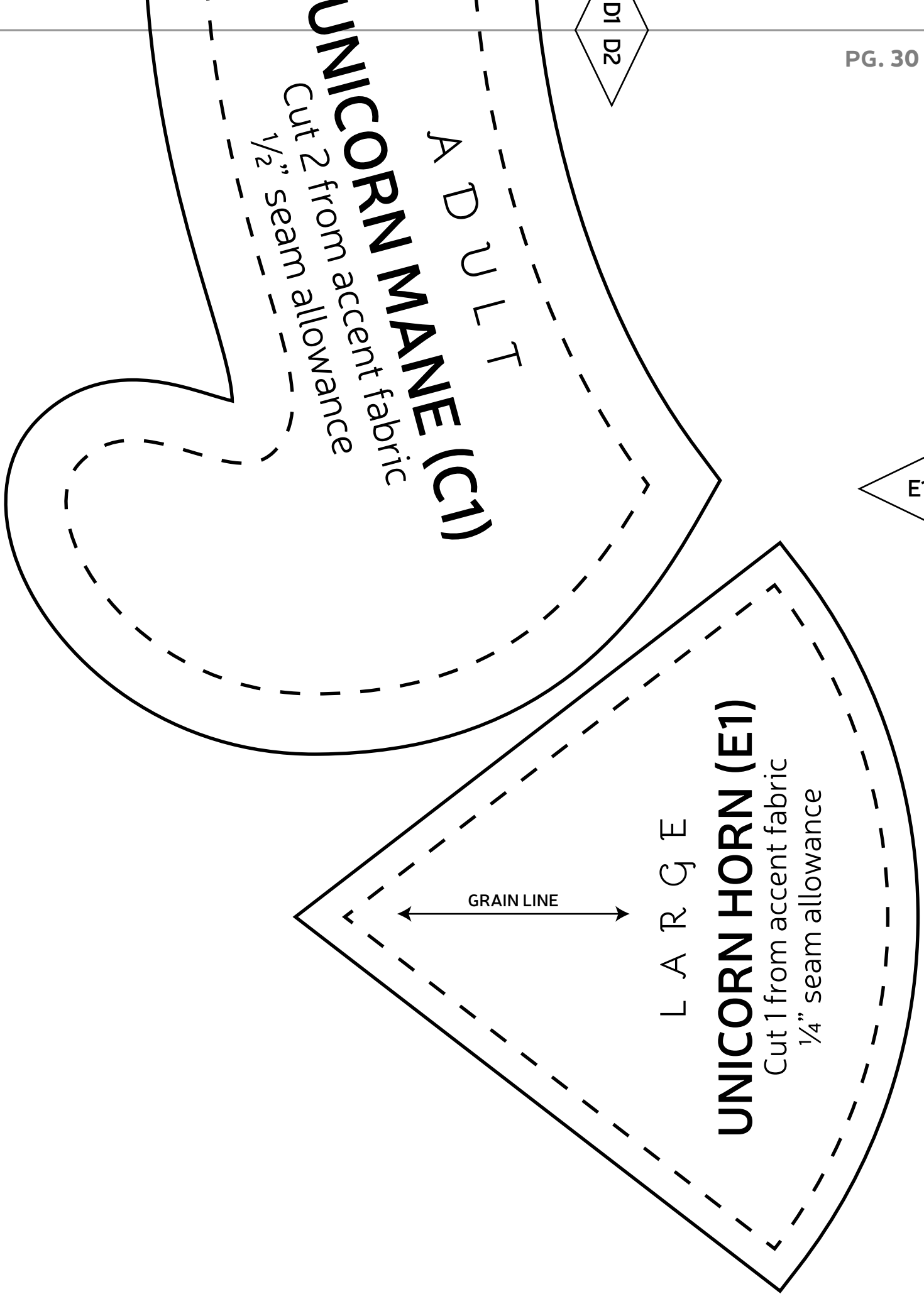
Cut 2 from accent fabric
1/2" seam allowance

L A R G E

UNICORN HORN (E1)

Cut 1 from accent fabric
1/4" seam allowance

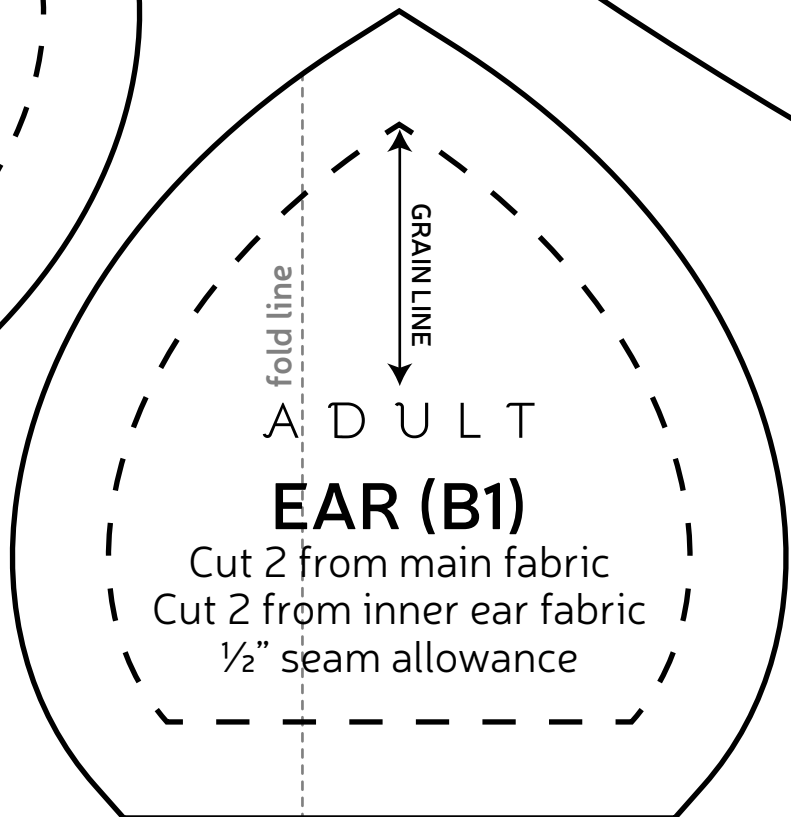
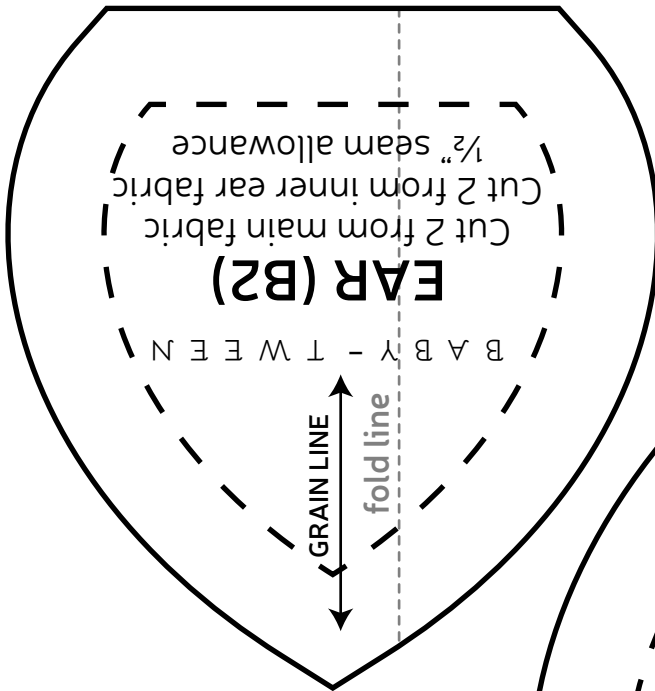
GRAIN LINE

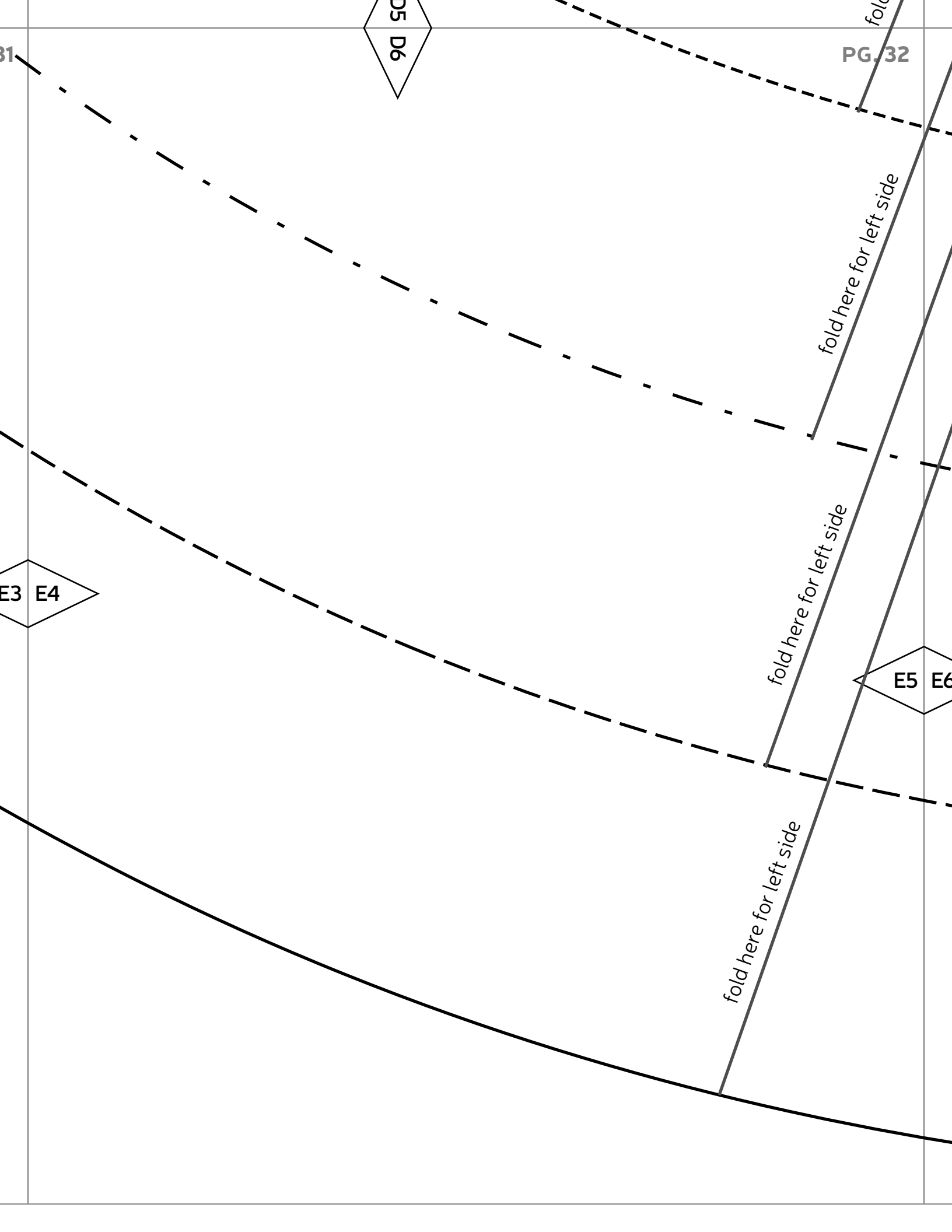


D3 D4

E1 E2

E3 E4





31

D5 D6

PG. 32

fold

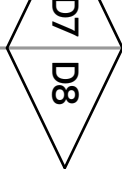
fold here for left side

fold here for left side

fold here for left side

E3 E4

E5 E6



FRONT
EXTENSION

FRONT
EXTENSION

FRONT
EXTENSION

FRONT
EXTENSION

